

WOMEN'S SERVICES

COMMUNITY RESOURCE CENTER

The Domestic Violence Program

www.crcncc.org

PROJECT BUDGET: \$902,156 **REQUESTED: \$30,000**
ORGANIZATION ANNUAL BUDGET: \$2,849,683

PROGRAM DESCRIPTION: This request would serve 280 people (150 Women and 130 children) on an annual basis. CRC serves about 7,000 individuals annually, including through our annual Holiday baskets event; percentage of those clients served by this project is 4%. Cost per Client is \$ 3,222 and includes shelter, food, counseling, legal supports, employment assistance necessary to establishing an independent life and a stable house hold.

NEED/SOLUTION: According to SANDAG, there were over 16,719 DV incidents reported to law enforcement in San Diego County in 2016. In the same year, there were as many as 12 domestic violence homicides. The journal (Family Psychology) found that both child abuse and DV occur 30-60% of violent families. CRC provides a 24-hour DV hotline, Carol's house, transitional housing, short-term rental assistance, therapeutic children's center, parenting classes, legal advice, case management, counseling.

IMPACT: The funds requested will be used to purchase a van. In the past fiscal year CRC has been able to achieve the following outcomes through the DV Program

- 293 individuals were served, including 163 adults and 130 children.
- 96% of all DV program households did not return to their abusers.
- 84% of al DV program participants demonstrated an increase in problem solving, household management, and employment skills.
- 86% of participants increased or maintained their income.
- 88% improved their self-concept upon completion of the program.
- 83% of transitional housing program graduates moved into permanent housing.

SITE VISIT NOTES: Attendees: Tina Braswell, Ann Rible, Robyn Hudgens, Cynthia Hudson, Gillian Gillies, Gail Kendall, Pam Theo, Kathy Yash, Franci Free. Met the chairman of the board who has stepped into the role of executive director until a replacement can be found. Having no current executive director in place is definitely is one of our concerns. The facility is clean and well run providing 4, two-bedroom bungalows and one building of separate rooms and a shared kitchen area. They also have transitional offsite housing for 10 households. \$50,000 to purchase a van requested.

GENERATE HOPE

Reintegration of Sex Trafficking Victims

www.generatehope.org

PROJECT BUDGET: \$596,819 **REQUESTED: \$50,000**
ORGANIZATION ANNUAL BUDGET: \$860,000

PROGRAM DESCRIPTION: Provides a long-term comprehensive housing and recovery program for young women ages 18+ who have been sexually trafficked. It is a 3-pillared program of:

- SHELTER-Safe house & recovery program
- EDUCATION-academic & life skill acquisition
- THERAPY-individual & group therapy to support trauma informed emotional healing
 1. Safehouse & Recovery Program-12-16 months providing personalized psychological, social & physical recovery plan.
 2. Transitional Housing Program -6 month minimum. Work ready skills, job certification, higher education, financial intelligence.

NEED/SOLUTION: The need for growth is urgent. Currently turn away 10-20 victims a month.

Solution- The \$50,000 will help provide support for women who have graduated from Bonita Recovery & a recovery home in North County. Specifically, funding would support:

- Safe house resident living necessities
- Psychological & adjunct theories
- Educational & vocational training

IMPACT: Funding would support general operating expenses. It would serve approximately 30 homeless women ages 18-24. All are survivors of sex trafficking with severe PTSD, history of mental health issues, sexual abuse, violence & trauma.

SITE VISIT NOTES: Attendees: Susan Hoehn, Susan Pidgeon Mandel, Kathy Sage, Cynthia Hudson, Tamara Lafarga-J. One year of program expense for one survivor is about \$50,000. An amazing facility in Coronado, with room to house another 6 transitioning survivors. Large amount of community partnership and volunteer numbers that helped them ready the building over the last year. About to take their 100th survivor into their program and are the only facility in SD with long term care of up to 2 years, psychotherapy, education and measurable statistics. The facility was inviting and comforting, staffed with 2 house mothers for 6 girls. 100 volunteers assist Generate Hope. CEO-Dan and the founder Susan are both qualified, dedicated and compassionate.

WOMEN'S SERVICES

NORTH COUNTY LIFELINE

Project LIFE (Living in Freedom from Exploitation)

www.nclifeline.org

PROJECT BUDGET: \$625,000

REQUESTED: \$50,000

ORGANIZATION ANNUAL BUDGET: \$8,187,560

PROGRAM DESCRIPTION: Project LIFE provides comprehensive, end-to-end mental and behavioral health services for **human trafficking victims**. The program serves all human victims regardless of age, gender, gender identity, sexual orientation, place of origin, or the specific type of trafficking (sex, labor, or domestic servitude). Project LIFE provides a **continuum of care** for all victims from the first emergency response, through long-term stabilization and recovery. Project LIFE services include **24/7 on-call Case Managers** that respond immediately to clients in crisis. Program staff are often contacted by law enforcement to pick up victims directly. The program includes basic needs, urgent medical care, transitional housing, emotional trauma counseling, assistance in obtaining medical coverage, financial support, legal services. Since 2012, Project LIFE has served 168 victims.

NEED/SOLUTION: In 2011, law enforcement raided a child prostitution ring along the Highway 78 corridor. All 35 victims were local high school students. North County Lifeline was contacted and launched Project LIFE. San Diego is one of the 13 highest sex trafficking areas in the US. Project LIFE Goal: to serve 60-80 victims in 2018-2019 Full Cost per Project LIFE Client: \$18,000-\$24,000

IMPACT: A grant award of \$50,000 will support the cost of one full-time Project LIFE Case Manager who will provide services to 15-20 human trafficking victims in fiscal year 2018/2019. Project LIFE is staffed by: A Director of Behavioral Health, a Clinical Program Supervisor, one additional Clinical Supervisor, 1.5 FTE Peer Support Specialists (survivor-counselors), 1.5 FTE Program Coordinators, a Trauma Therapy Specialist, a First Responder for crisis intervention, a Clinical Training Coordinator, and four Case Managers (including one Case Manager Housing Specialist). Case Managers will provide: Crisis Services, Trauma-Informed Care, Intensive Case Management, and Specialized Therapy.

SITE VISIT NOTES: Attendees: Rachel Laffer, Donna, Vance, Gail Kendall, Robyn Hudgens, Cynthia Hudson. We were welcomed with 6 of their large team who are all well educated in the problems of sex trafficking. \$50,000 would be used for another case manager so they can treat more sex trafficking victims. Well connected with law enforcement and many partnerships including Generate Hope. Well managed and well-funded.

SAN DIEGO RESCUE MISSION

Haven of Hope Women's (and Children's) Programs

www.sdrescue.org

PROJECT BUDGET: \$1,295,862

REQUESTED: \$50,000

ORGANIZATION ANNUAL BUDGET: \$19,589,993

PROGRAM DESCRIPTION: Each year SDRM serves more than **1,800 women** and 650 children through its core programs – *Haven of Hope Women and Children's Center, Nueva Vida emergency overnight shelter, and Transitional Housing*. \$50,000 is requested to support the HAVEN OF HOPE Program for women and women with children, to fund programs to give downtrodden women a chance to attain hope and dignity to end the cycle of homelessness. Children of clients also receive support. **Women and Women with Children 12-month program** offers a safe haven for women while receiving treatment for: chemical dependency, relapse prevention, anger management, as well as life and job skills. Programs are comprehensive to effectively address many levels of need to promote ultimate goal of self-sufficiency. **Nueva Vida Haven** is ONLY emergency overnight shelter in SD that takes in victims during non-business hours, helping those with urgent need to escape dangers of streets, domestic violence, or mental illness. Many women enter longer-term SDRM programs through the emergency overnight shelter.

NEED/SOLUTION: Homelessness is by far one of the largest current problems facing San Diego County. 99% of people served by SDRM have income 30% below the area's median income. For the city's homeless, SDRM provides emergency assistance, as well as avenues to become productive members of society. The programs help women overcome drugs, poverty, abuse, and also stay healthy, clean, sober, reconnect with families, gain job skills and find/retain employment, and many more critical skills to achieve self-sufficiency.

IMPACT: Programs provide desperately needed support in SD and No. County to transform lives of homeless women (many with children), by providing critical services and recovery resources to reach goal of living independent, productive lives by addressing physical, mental, emotional, and practical needs to promote a successful launch into society. SDRM expands reach of programs through **partnerships** with key agencies.

SITE VISIT NOTES: Attendees: Kate Williams, Cynthia Hudson, Gayle Gillies, Mary Karen Lhund. SDRM's "HAVEN OF HOPE" 12-month Program for Women and Women with Children, is a comprehensive, demanding, life-changing program to enable homeless women to become self-sufficient. Dedicated staff and volunteers are committed to turning around the lives of these determined and deserving women, who have survived tough challenges of poverty, homelessness, neglect, and often abuse. Provides food, shelter and coordinates services for skill building, job placement, counseling, coaching, appearance, and emotional support.

WOMEN'S SERVICES

SAY SAN DIEGO

Military Transition: The Spouse Edition (MTSE)

www.saysandiego.org

PROJECT BUDGET: \$30,815 REQUESTED: \$15,000

ORGANIZATION ANNUAL BUDGET: \$21,646,167

PROGRAM DESCRIPTION: MTSE provides transition workshops that connect military spouses to resources, supports, and a community of their peers. These innovative workshops utilize highly knowledgeable and Department of Defense sponsored/qualified speakers that focus on topics such as financial literacy, employment services, the GI Bill, medical and VA benefits, and relocation options. MTSE is committed to connecting local military spouses with equal opportunities to secure employment, advance their careers, champion family wellness, and achieve economic self-sufficiency. SAY San Diego is working to expand MTSE opportunities this year.

NEED/SOLUTION: Each year in San Diego County, roughly 20,000 military members make this transition. While active duty military members and veterans are honored for their service, military spouses and families are given little attention despite being key support systems for our troops. Military spouses are estimated to be 89-93% women (bluestarfam.org). These struggling but resilient women face challenges relating to their spouses' service, including high rates of poverty, long periods of spousal separation, and an inability to secure long-term employment or pursue a career due to frequent moves, childcare needs and more. These barriers are further compounded at a critical stress point when they transition from active duty to civilian life.

IMPACT: Since MTSE inception in 2015, over 250 participants have benefited from these workshops and there is a growing demand for ongoing services. The \$15,000 would provide half the salary of a part time outreach person allowing .5 FTE dedicated program coordinator allowing the program to reach 125 participants in 8 workshops annually, as well as to complete a retrospective post-assessment measuring perceived levels of transition preparedness, knowledge of resources, and satisfaction. With additional funding, MTSE will have the opportunity to track participants for up to six months to determine long-term changes in behavior. MTSE is also seeking community for transitioning families through the use of a private Facebook spouse page where individuals are able to share experiences and resources with each other. SAY San Diego will also pilot a quarterly online series on transition-focused topics to keep participants well-informed and better prepared for their next step regardless of their location.

SAY SAN DIEGO (Continued)

SITE VISIT NOTES: Attendees: Kathy Sage, Robyn Hudgens, Denise Walsh, Cynthia Hudson. The part-time employee this grant would help fund would be working in social media to bring in military spouses to the program. Zero8hundred would provide the other half of the grant. There are 8, three hour workshops a year and childcare is provided during this time to encourage attendance. The workshop is very comprehensive and covers budgeting, credit, finances, applying for benefits, just to name a few areas. The military equivalent for the program is very successful for military exiting, however, it has been more difficult to get military spouses to sign up and they are hoping an outreach person would reach 125 spouses to participate in the program.